

FEBRUARY 2025

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 615-862-5750					1 Make a Valentine with your child for someone you love.
2 Build a cozy fort together.	3 Look up the song "This Little Piggy" and sing it with your child every day using their fingers and toes.	4 Draw snowflakes with a white crayon on dark paper.	5 At bedtime, discuss your child's day, share the part you enjoyed most, and ask what part they enjoyed the most.	6 Clap as you sing to introduce rhythm.	7 Read a counting book.	8 Trace shapes or letters in a shallow pan of flour, salt, or baking soda.
9 Can you hop on one foot?	10 Count blocks as you stack them - both adding and taking away.	11 Go on a scavenger hunt at your local library!	12 Look at pictures of animals and ask your child what sound they make.	13 Listen to different types of music for different sounds.	14 Read a book about Valentine's Day.	15 Draw circles in different colors.
16 Make funny faces. It helps kids read facial expressions and is FUN!	17 Find and count 5 red things in your house.	18 Have fun with gravity! What item falls faster when dropped to the floor?	19 Talk about the things you see outside your window.	20 Dance to a "Freeze Dance" song.	21 When you read a book today, let your child turn the pages. Learning how a book works helps with reading skills!	22 Help baby touch their nose or toes to develop hand muscle control.
23 Play with bubbles in the bathtub!	24 Put together a puzzle with your child.	25 Talk about shadows then find some or create your own.	26 What rhymes with the word snow?	27 Sing "The Wheels on the Bus."	28 Sing an alphabet or number song.	