



MARCH 2026

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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Gently bounce while you read, rhyme, or sing.	2 Find things shaped like a square.	3 Check out seeds from our Seed Exchange and plant them in egg cartons.	4 Talk about what you'll do tomorrow.	5 Sing and move to "Skip to My Lou."	6 Choose books YOU enjoy - your child will pick up on your feelings.	7 Plan a menu and make a shopping list.
8 Make silly faces at each other.	9 Sort your crayons/markers by color.	10 Look for signs of spring while you take a walk.	11 Choose a letter. Ask your child to help you find objects around the house that start with its sound.	12 Sing "Head, Shoulders, Knees, and Toes."	13 Re-read it! Your child learns by repetition and their brain needs it!	14 Practice using scissors on the junk mail or play-doh
15 Play with bubbles.	16 Walk around your house and ask your child to name all the green items they see.	17 Fill a small water bottle 1/3 of the way full with water and color it. Add vegetable oil to fill. Ocean in a bottle!	18 How many words can you think of that rhyme with spring?	19 Clap while you sing the alphabet.	20 Associate reading with fun by keeping a few board books in the toy box.	21 Label the furnishings in your child's room.
22 Pretend to be a siren. Make your voice high and low, loud and soft.	23 Find objects around the house and compare their size. Which item is smaller?	24 Make a paper bag "kite" and fly it on a windy day.	25 Talk about things you see today that go fast and slow.	26 Is it windy today? Sing "Let's Go Fly a Kite" from Mary Poppins.	27 Read a book about spring.	28 Let your child help pick up the yard after a storm.
29 How far can you jump? How high?	30 Find and count five blue things in your house.	31 Enjoy making a liquid into solid with pancake batter.				 615-862-5750