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READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	VIERNES	SATURDAY
	 615-862-5750					1 Act out fingerplays to strengthen little hands.
2 Build and CRASH! Set up blocks or plastic cups and say UP. Then, crash them down and say DOWN!	3 Find objects around the house and compare their size. Which is larger and which is smaller?	4 Lie on a blanket and look up at the clouds. Are they moving fast or slow?	5 Choose a long word from a book and clap out the syllables.	6 Create a dance to your favorite song!	7 Check out a book about shapes from the library (and read it)!	8 Draw a picture using only two colors.
9 Have fun with bubbles!	10 Give your child a plastic cup. Ask your child to find objects around the house that bigger and/or smaller than it.	11 Make a cake or brownies together. Talk about what happens to the batter when it's in the oven.	12 Encourage older children to tell a story. Try using a wordless picture as a guide.	13 Pick out some of your child's favorite songs and have a sing-along party.	14 Read a book by Laura Numeroff.	15 Help with finger dexterity by stringing O-shaped cereal. Hang the string on a bush or tree for the birds.
16 Play with fabric or scarves (with supervision). Look at color and pattern. What do you see?	17 Let your child help pair up the socks when they're dry.	18 Play "Sink or Float." Grab some toys, find some water, and drop them in. Will they sink or will they float?	19 Give everything a name to help your child learn new words.	20 Play the freeze dance song!	21 When you share a book today, point out the words in the title as you read them.	22 Make letters out of playdough. (And, practice identifying them, too!)
23 Practice walking backwards. 30 Pretend to be your favorite animal.	24 Practice pouring skills in the bathtub with water. 31 Read a book about rabbits.	25 Walk and listen to the birds in your yard or at the park.	26 Make a feely bag by placing an item in a bag and asking your child to describe what they feel.	27 Sing "Do You Want to Build a Snowman?" since it's so hot outside!	28 Read a book about snow!	29 Practice drawing horizontal and vertical lines.