



# SEPTEMBER 2026

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# READ to RISE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIEDAYS VIERNES	SATURDAY
		1 Paint a picture with your child, mixing colors as you go to make new colors.	2 Take turns making animal sounds. Guess what the animal is!	3 Sing a variation of "Old MacDonald." Does he have a farm? A zoo? An aquarium?	4 Read a book about weather.	5 Draw a picture of your favorite animal.
6 Encourage imagination by letting your child create and play on their own.	7 Clap to the beat of a song. This teaches the math concept of patterns.	8 Put a quarter of a cup of water into a sandwich bag, seal it, and tape it to a window. Observe the water!	9 Talk about things that make you happy.	10 Sing songs during every day tasks. Washing your hands? There's a song for that!	11 Read a book by Rosemary Wells.	12 Play an easy game of match with objects from around the house.
13 Use flashlights with older babies and toddlers. It is a fun sensory activity building cognitive skills.	14 Let your child fold washcloths in half and then in half again.	15 Read a book with multiple animals in it. Point out the similarities and differences.	16 Talk about what you're buying at the grocery store.	17 Sing "The Itsy-Bitsy Spider".	18 Visit the library and check out a book chosen by your child.	19 Practice writing the letter S for September. What other words start with S?
20 Pretend your house is a hotel. Have your child check in your family and show them to their rooms.	21 Happy first day of Fall! Take a walk and count the number of yellow items you see.	22 What happens when you mix vinegar and baking soda?	23 Tell your child what quality they have that makes you proud of them.	24 Sing with your child. They don't care if you can't hit the high notes!	25 September 15 - October 15 is Hispanic Heritage Month. Read a book by a Hispanic author!	26 Provide a variety of materials to encourage drawing and scribbling.
27 Play a game of "I Spy" around the house or in the car.	28 Play with measuring cups in the bathtub.	29 Take a walk outside. Can you find any leaves that have changed color?	30			 615-862-5750